



Organizational Impact: Rise unlocks potential and opens doors to success for people with disabilities or other challenges through creative solutions and customized support. We envision a progressive, supportive, and collaborative environment that fosters meaningful growth and provides opportunities to live a life filled with purpose.

Position Impact: Recreation volunteers break down barriers between people with disabilities and community members for greater mutual understanding and fun activities.

Major responsibilities

- Assisting the people we serve to participate in various activities including, but not limited to:
 - o Arts and crafts
 - o Exercise classes, walking the track, basketball and floor hockey
 - o Playing games
 - o Reading the newspaper

Qualifications:

- Positive attitude and friendly demeanor
- Patience and good listening skills
- Comfortable making conversation
- Any specific hobbies or skills greatly appreciated

Location and Time Commitment:

Coon Rapids YMCA (8950 Springbrook Dr NW, Coon Rapids, MN 55433)

Monday through Friday shifts available between 9am – 3pm

Commitment can be either monthly, bi weekly or weekly

Benefits:

- Make a difference in someone's life by brightening their day
- Gain a deeper understanding of people with disabilities
- Support staff to conduct fun activities

Supervisor: Valerie Torrez | vtorrez@rise.org
